

CUIDAR

CHOC-UCI Initiative for the Development of Attention and Readiness



Inservice training
for attention and
behavior problems in
preschool children



Learn new techniques for successfully managing behaviors in the classroom

Fidgeting. Lack of focus. Hyperactivity. Defiant and disruptive behavior. These are well known signs often exhibited by children with poor attention and behavioral problems.

Now you and your staff can learn how to help preschoolers overcome these challenging behaviors before they enter elementary school, so they'll have the best learning experience possible – both now and for years to come.

CUIDAR for Attention and Learning provides a free inservice training program that helps preschool teachers and childcare providers identify the needs of children with attention difficulties and behavior problems.

CUIDAR training seminars supply teachers with the behavior management tools they need to proactively manage and remedy these problems.

A truly innovative program, CUIDAR is led by a team of multidisciplinary experts from CHOC and UCI who are trained and skilled in the latest techniques for effective behavior management.

To learn more or to schedule your free in-class seminars, please call us or visit our website today.

Learn the latest techniques for nurturing happy, successful students. The behavioral patterns young children develop today will affect their opportunities to learn for the rest of their lives. To provide children the best advantages possible, it's important to identify their attention and behavior problems before children enter elementary school – the sooner, the better.

Here are some of the free inservice seminars CUIDAR offers which can help your preschoolers learn and achieve more.

Heading Difficult Behaviors Off At The Pass: A Proactive Model

This two- to three-hour seminar introduces effective prevention-based techniques designed to decrease behavioral problems in the preschool classroom. Topics include:

- Managing teacher frustration and anger
- Recognizing triggers that may cause challenging behaviors
- Using healthy relationships to manage behavior
- Establishing positive reinforcement systems in the classroom
- Effectively using program structure, transitional warnings and transitional activities

Introduction To Functional Assessment: Changing Behavior Patterns In The Preschool Classroom

Prerequisite: Heading Difficult Behaviors Off At The Pass: A Proactive Model seminar

This two-hour seminar provides preschool teachers with an effective, systematic model for assessing difficult behaviors and developing comprehensive intervention plans. The seminar covers:

- Selecting appropriate target behaviors
- Defining target behaviors
- Collecting and evaluating behavioral data
- Determining why a behavior pattern is maintained
- Developing and implementing purposeful and feasible multi-level intervention plans

Applied Functional Assessment In The Classroom

Prerequisite: Introduction to Functional Assessment seminar

This one- to two-hour seminar provides an opportunity to practice the Functional Assessment model using one or two site-specific examples. Participants actively work through the assessment stages and practice developing comprehensive intervention plans.

Understanding Attention Deficit Hyperactivity Disorder (ADHD)

This incisive overview of ADHD includes symptom categories, relevant biological factors and treatment strategies. The ADHD diagnostic process is discussed, explaining when to refer children to specialists, how to assist the diagnostic team, and a review of conditions that mimic ADHD.

To schedule your free seminars and help your preschoolers get the most out of their school years, contact CUIDAR today.



The goal of CUIDAR for Attention and Learning is to identify children with attention and behavior problems before they enter school, and then address those problems so these children will have a more successful experience once they enter elementary school.

CUIDAR offers free inservice training to your preschool staff, providing proven techniques that can effectively manage attention and behavior problems in children.

The CUIDAR team will work with you to present one or more seminars at times that will best suit your preschool's schedules and needs.

CUIDAR for Attention and Learning is a collaboration between Children's Hospital of Orange County and the University of California, Irvine.

CUIDAR is made possible through grant funding from the Children and Families Commission of Orange County.

For more information, or to request inservice training for your preschool staff, please contact us today at 949.824.2462.



Parenting Classes for Parents
of Preschool Age Children
(3 through 5 years)
949.UCI-CHOC
949.824.2462 (English)
949.824.4193 (Spanish)
www.cuidar.net