



Providing Prevention and Early Intervention Services

Child Behavior Pathways (CBP) is a parent/provider education program that helps children succeed in their home and school environments by placing an emphasis on prevention and early intervention. The developmentally appropriate curricula are designed to help parents/providers better understand and nurture positive relationships with children, improve family functioning and effectively manage challenging behaviors. As an early intervention program, CBP helps parents identify children with attention and/or behavior difficulties BEFORE they enter school and provides them with evidence-based tools to proactively address challenging behaviors and create an environment that fosters success.

Program Components

CBP focuses on families of children ages 0-5 with a community-based approach to services that are provided in English and Spanish. Core services include:

- **Community Parent Education (COPE):** for parents of children ages 3-5: This 9-week intervention is designed to help parents effectively manage challenging behaviors and improve family functioning.
- **Social Skills Lessons:** for children whose parents are participating in designated COPE classes
- **Teacher Training Services:** Topics include social/cognitive development and effective behavior management in classroom or group settings

Accomplishments (FY 17/18)

- 24 COPE groups, reaching 561 parents
- 16 social skills groups were conducted, reaching 561 children
- 561 parents of children ages 1½ to 5 years completed the Child Behavior Checklist (CBCL) and received a report generated from this empirically validated self-report measure
- 512 teachers were trained on behavior management skills during 17 teacher education trainings
- 67% of the COPE classes were offered in communities with the greatest need of support for children to succeed in school
- Results of the Parenting Scale administered at the first and last sessions of COPE show that parents are significantly less likely to endorse dysfunctional discipline techniques (permissive/harsh/using physical force) as they move to a more authoritative parenting style
- Parents reported feeling more confident in their parenting skills and noted improvements in their child's behavior and in their relationship with their child.

Praise from Parents and Teachers

"Over the past nine weeks, we have seen a tremendous shift in our son's ability to cope with strong emotions. Thank you for making learning fun and relatable."

"Our son has truly blossomed over these last 2 months and we owe it to you. We are all so much happier as a family, especially watching him build his independence and just be a happy child."

"I learned I can reinforce good behavior in a gentle way that really is more powerful than being loud or mean. I can solve things with love and build a bigger bond."